

Asking for a friend.

A NEW SERIES ASKING REAL QUESTIONS

Week #3: Why does God care about my sex life?

"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but I will not be mastered by anything. ¹³ You say, "Food for the stomach and the stomach for food, and God will destroy them both." The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body. ¹⁴ By his power God raised the Lord from the dead, and he will raise us also. ¹⁵ Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! ¹⁶ Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh." ¹⁷ But whoever is united with the Lord is one with him in spirit.

¹⁸ Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. ¹⁹ Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your bodies.

1 Corinthians 6:12–20 (NIV)

1. God has _____ for my body. (v. 12)

- Not everything is _____.
- Some things will _____.

2. God has _____ for my body. (vv. 13–14)

- In the present, my body is _____ the Lord, not for sexual immorality.
- In the future, my body will be _____ the Lord's.

3. God has _____ for my body. (vv. 15–17)

- To be _____ with Christ.
- To be one _____ with one _____.

4. God wants _____ for my body. (v. 18)

- _____ from sexual sin.

5. God has _____ of and has _____ my body. (vv. 19–20)

6. My _____ is to honor God with my body. (v. 20)

At this, those who heard began to go away one at a time, the older ones first, until only Jesus was left, with the woman still standing there. ¹⁰ Jesus straightened up and asked her, “Woman, where are they? Has no one condemned you?”

¹¹ “No one, sir,” she said.

“Then neither do I condemn you,” Jesus declared. “Go now and leave your life of sin.”

John 8:9–11 (NIV)

Discussion questions:

- What desires, habits, or cultural messages might be exercising more influence over your choices than you realize? How does Paul’s admonition that not everything we have the freedom to do is good for us challenge the way you think about your relationships, your choices, and your sexuality?
- How would your life be different if you thought about your body as the temple of the Holy Spirit belonging to Christ? How might this change the way you think about sexuality, intimacy, and honoring yourself and others?
- Is there an area in your life where you need to receive God’s grace? What area do you need to surrender to him?

Recommended resources:

[*The Deep-Rooted Marriage: Cultivating Intimacy, Healing, and Delight*](#), by Dr. Dan B. Allender and Dr. Steve Call
[*The Seven Principles for Making Marriage Work: A Practical Guide from the Country’s Foremost Relationship Expert*](#), by John Gottman, PhD, and Nan Silver

[*Redeeming Sex: Naked Conversations About Sexuality and Spirituality*](#), by Debra Hirsch

[*No Stones: Women Redeemed from Sexual Addiction*](#), by Marnie C. Ferree and Mark Laaser

[*Unwanted: How Sexual Brokenness Reveals Our Way to Healing*](#), by Jay Stringer

[*Love Thy Body: Answering Hard Questions about Life & Sexuality*](#), by Nancy Pearcey

[*Rethinking Sexuality: God’s Design and Why It Matters*](#), by Dr. Juli Slattery

[*Embodied: Transgender Identities, the Church, and What the Bible Has to Say*](#), by Preston Sprinkle

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- Not everything is good.
- Some things will enslave me.

2. God has plans for my body. (vv. 13–14)

- In the present, my body is for the Lord, not for sexual immorality.
- In the future, my body will be like the Lord's.

3. God has purposes for my body. (vv. 15–17)

- To be united with Christ.
- To be one flesh with one other.

4. God wants protection for my body. (v. 18)

- Run from sexual sin.

5. God has possession of and has purchased my body. (vv. 19–20)

6. My pledge is to honor God with my body. (v. 20)

At this, those who heard began to go away one at a time, the older ones first, until only Jesus was left, with the woman still standing there. ¹⁰ Jesus straightened up and asked her, “Woman, where are they? Has no one condemned you?”

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